

Thought

there are many who are wise
through effort and cultivation;
there are many who are pure
right-intentioned
well-formed
living in mind content and restrained
mindful and – mind-rested;
may I recognise them
may I hold discourse with them
and even if we rush past
learn even a little of them
so that I too may one day
- even if only a little,
even if only for part of the journey -
light another being's way